

Here are your ingredients for the Crab Chowder. This is a simple, cold weather dish. You can modify this dish any way you'd like. Feel free to replace the crab with fish or shrimp. Spice it up by adding fresh peppers or maybe some spicy chorizo or andouille sausage. If you replace the meat with diced ham and add 2 more potatoes, you'll have a great potato soup.

Crab Chowder

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| 3 large | russet potatoes |
| 1 cup | chicken stock |
| 1 stick | butter |
| 1 pt | heavy cream |
| 1 lb | lump crab meat |
| 1/2 cup | chopped onion |
| 1 tbsp | old bay |

Salt & Pepper to taste